



Football

Five-a-side

PITCH MEASUREMENT

Size recommended is 36m (39.37yd) long by 18m (19.68yd) wide, where possible. The pitch should remain rectangular with the length exceeding the breadth, the ratio being 2:1.

PENALTY SPOT

Measured 6m (6.56yd) from the midpoint of the goal line.

CENTRE SPOT

Centre of the pitch. Radius of 1m (1yd).

GOALKEEPER'S AREA

Measured from the centre of the goal, forming a semi-circle at a radius of 7.5m (8.2yd).

GOAL POST

Suggested height of 1.22m (1.33yd) and 4.88m (5.34yd) in width and sometimes extend into the goalkeeper's area.

LINE WIDTH

5cm (1.97in).

COLOUR

Typically red on indoor pitches and white on outdoor pitches.

